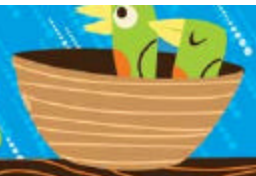


Superior Central School

April 2009



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GUESS WHAT?

THE STATE WITH THE HIGHEST PERCENTAGE OF PEOPLE WHO WALK TO WORK IS ALASKA. OF THE MORE THAN 294 MILLION PEOPLE IN THE U.S, 49% START THEIR DAY WITH A BOWL OF CEREAL.

Cereal and muffins 1	Waffles 2	Cereal and muffins 3
Turkey subs and chips	Scalloped potatoes	Macaroni and cheese
NO SCHOOL 6	NO SCHOOL 7	NO SCHOOL 8
NO SCHOOL 9	NO SCHOOL 10	
NO SCHOOL 13	Pancakes 14	Cereal and toast 15
	Sweet and sour chicken over rice	Tomato soup and grilled cheese
Cereal and muffins 20	PATRIOT DAY French toast sticks 21	EARTH DAY Cereal and muffins 22
Spaghetti and meatballs	Chicken gravy over biscuits	Sloppy joes
Cereal and muffins 27	Pancakes 28	Cereal and muffins 29
Chicken salad wrap	Fish sticks and fries	French toast and sausage
		Cereal and toast 30
		Pizza burgers

A La Carte

Monday thru Friday we will offer a main menu item, chef salad and pizza. Every Monday will be cheese pizza.

We will also offer chicken nuggets on Mondays and Wednesday and baked potatoes with all the fixings on Tuesdays and Thursdays.

School News

Menus are subject to change due to the availability of product.

We also have three choices of milk; 2%, skim and chocolate.

Condiments are offered when needed.

Spring break starts on the 6th and ends on the 13th.

