



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>GUESS WHAT? THE WORD CEREAL DERIVES FROM THE NAME OF THE ROMAN GODDESS CERES, PROTECTOR OF CROPS. EXERCISE PROMOTES THE GROWTH OF NEW BRAIN CELLS.</p>		Apple turnovers 1 _____ Tomato soup and grilled cheese	Cereal and muffins 2 _____ Sloppy joes w/ fries	Cereal and muffins 3 _____ Rigatoni and meat sauce
Cereal and muffins 6 _____ Cheddar fries	Pancakes 7 _____ Country fried chicken and mash potatoes	Cereal and muffins 8 _____ French toast and sausage	Cereal and toast 9 _____ Chicken quesadilla	NO SCHOOL 10
COLUMBUS DAY 13 Cereal and muffins _____ Chicken noodle soup	French toast sticks 14 _____ Beef stew and biscuit	Cereal and muffins 15 _____ Ham subs	Cereal and muffins 16 _____ Mash potatoes and chicken gravy	Cereal and muffins 17 _____ Ravioli
NATIONAL SCHOOL LUNCH WEEK				
Cereal and muffins 20 _____ Polish sausage	Waffles 21 _____ Chicken strips and fries	Cereal and muffins 22 _____ Soft shell tacos w/all the fixings	Cereal and muffins 23 _____ Philly cheese steak	French toast 24 _____ Cal zone
Cereal and muffins 27 _____ Stir-fry over rice	Cereal and muffins 28 _____ Chicken potpie	French toast sticks 29 _____ Beef tips over noodles	Cereal and muffins 30 _____ Chicken patty sandwich	HALLOWEEN 31 Cereal and muffins _____ Corn dogs

Monday thru Friday we will offer a main menu, chef salad and pizza.

We will also offer chicken nuggets on Monday and Wednesday and on Tuesday and Thursday baked potatoes with all the fixings. Friday we will have nachos. Cheese pizza will be a choice on Mondays.

All meals come with a choice of vegetable, fruit, and any side dishes.

School News

Menus are subject to change due to availability of product.

Condiments are offers as needed.

We have three choices of milk 2%, white and chocolate.