



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY Milk \$.30 Breakfast \$.50 Elem. \$2.00 High/Mid. \$2.25 Adult Lunch \$3.50 1	Cereal and muffins 2 Chicken Strips and Fries	Cereal and Muffins 3 Spaghetti and Meatballs	Pancakes 4 Chili and Breadsticks	Cereal and muffins 5 Ravioli
Cereal and Muffins 8 Lasagna and Bread Sticks	Cereal and Muffins 9 Roast Turkey and Fries	French Toast Sticks 10 Pasty	Cereal and muffins 11 Chicken gravy over Biscuits	Scramble eggs and ham 12 Cowboy dinner
Cereal and Muffins 15 Sweet and sour Chicken Over rice	Waffles 16 Hot dogs	Cereal and Muffins 17 Macaroni and cheese	Cheese omelets 18 Turkey subs	Cereal and Muffins 19 Chicken Alfredo
NO SCHOOL 22	Cereal and Toast 23 Hammy Sammy	Pancakes 24 Egg rolls and rice	Cereal and Muffins 25 Chicken Nuggets	Hash browns and Sausage 26 Goulash
French toast 29 Beef Pot Pie	Cereal and Muffins 30 Chicken wrap	<p>GUESS WHAT? CHILDREN AND TEENS NEED 60 MINUTES OF ACTIVITY A DAY FOR THEIR HEALTH. THE AVERAGE PERSON TAKES 9,000 STEPS EACH DAY. IN A LIFETIME THAT IS 3.5 TRIPS AROUND THE EARTH.</p>		

A La Carte

Monday thru Friday we will offer a main menu chef salad and pizza.

We will also offer cheeseburgers on Monday and Wednesday and on Tuesday and Thursday bake potatoes with all the fixing. Fridays we will have nachos and cheese pizza as a choice.

All meals come with a choice of vegetable and fruit along with any side dishes.

School News

Menus are subject to change due to availability of products.

Condiments are offered as needed.

Choices of 2% white, skim or 1% chocolate milk are offered with all meals.

