

Superior Central Schools

February 2012



Monday

Tuesday

Wednesday

Thursday

Friday

		1 Eggs and hash browns Tomato soup and grilled cheese	2 French toast Chicken strips/fries	3 Breakfast bar/muffins Baked macaroni and cheese
	6 Oat meal Egg rolls/ rice	7 Sausage biscuit Philly cheese steak	8 Waffles Ham sub	9 Cheese omelet Mash potato bowl
13 No school	14 No school	15 No school	16 No school	17 No school
20 Pop tarts Spaghetti/ meatballs	21 Breakfast bagel Chicken patty sandwich	22 Yogurt parfait Sweet and sour chicken	23 Ham/potatoes Lasagna/bread sticks	24 Egg and cheese biscuit Beef tips/ noodles
27 Muffins/go-gurt Oriental chicken over rice	28 French toast sticks Baked chicken	29 Scrambled eggs and ham Turkey burger and fries		

A La Carte

Monday and Wednesday we serve baked potato with all the fixings. Tuesday and Thursday we serve nuggets. Every day we also have a main menu item, choice of milk, fruit and vegetables.

School News

Winter break 13th-17th.

